

## BREAKFAST

**THE BASICS** - 2 eggs any style w/ fries and a pita 5.25

**BREAKFAST SANDWICH** - humus, 2 eggs, israeli salad & tehini 6.50

**ISRAELI BREAKFAST** - 2 eggs any style, Israeli salad, feta, labane, tehini, olive, jam, pita. 9

**SHAKSHUKA** - 2 eggs poached over tomato casserole, with Israeli salad, tehini & challah roll. 9

**LIFE AS A SHAKSHUKA** - 2 eggs poached over...ask for the chefs choice - 9

**OMELETS** - choose 2 toppings: feta, tomato, onion, parsley, red peppers, olives, portabella, mozzarella, swiss, mushrooms, spinach. with israeli salad & pita. 8

**HOMEMADE GRANOLA** - oats, nuts, dried fruit, yogurt & home made jam. 7

**FRENCH TOAST** - homemade challah, syrup, homemade jam, raisins. 7 organic maple extra 1.50

Ask for organic eggs 0.75each or Sub salad for fries

## FRESH BOILED BAGELS

**CHOOSE A BAGEL** - plain, sesame, onion, poppy, cinnamon- raisin, green chili or sun dried tomatos 1.35

### ADD TOPPINGS :

\* butter, Cream cheese, jam, greens, tomato, cucumber, red-bell pepper, onion, egg, spinach, lettuce, parsley, tehini. - 1

\* israeli salad, labane, portabella mushrooms, humus, babaganush, matbucha, harissa, olive tapenad, pesto, mozzarella, olives, smokey mayo, fried onion, spicy mayo, fried onion, hot sauce, garlic sauce, swiss cheese - 1.25

\* roasted red pepper, fried eggplant, feta, avocado, parmesan. - 1.50

\* organic egg, goat cheese, gorgonzola - 1.75

## PITA SANDWICHES

**FALAFEL SANDWICH** - humus, falafel, Israeli salad & tehini. 7.50

**SABICH SANDWICH** - humus, fried eggplants, hardboiled egg, Israeli salad & tehini. 7.50

**MOROCCAN SANDWICH** - 2 eggs, labane, harissa & Israeli salad. 8

**ROASTED RED PEPPER** - pesto, feta cheese, tomato, balsamic vinaigrette & mixed greens. 8.50

**EGGPLANT SANDWICH** - tapenade, feta, fried eggplant, tomato, balsamic vinaigrette & greens. 8.50

**PORTABELLA SANDWICH** - smoky sauce, fried onions, tomato, balsamic vinaigrette & mixed greens. 9

**AVOCADO SANDWICH** - cilantro mayo, feta, hard boiled egg & israeli salad 9

## MAIN COURSE

**HUMUS PLATE** - served with pita bread. 7.50

**FALAFEL PLATE** - a humus plate with 6 falafel balls. 8.50

**HUMUS FUL** - hot humus topped with fava beans, hardboiled egg, raw onion, olive oil & pita. 10

**BABAGANUSH** - eggplant spread served with pita. 7.50

**ISRAELI SALAD** - tomato, cucumber, parsley, onion & lettuce with extra virgin olive oil & lemon dressing served with tehini - sm/lg with pita. 4/7

**MATBUCHA** - middle eastern salsa - served with pita. 6

**LABANE** - kefir cheese with olive oil & zatar with pita. 6

**DOLMAS** - stuffed grape leaves served with labane. 6

**BUREKAS** - home made stuffed puff pastry served w/ tehini, greens & a pickle. 7.50 (additional \$3 with sample plate).

**TABULI** - whole bulgur, parsley, tomato and onions. 7

**SAMPLE PLATE** - choose 3 or 5 of the items above. 8/12

**LENTIL QUINOA BURGER** - on home made wheat bun, swiss cheese, tomato, onion, pickle & fries. 11

**HUMUS MASABHA** - hot tehini w/ whole chick peas, lemon sauce hardboiled egg, raw onion, olive oil & pita. 10

**GREEK SALAD** - baby greens, tomato, onion, kalamata olives, feta & sun flower seeds in balsamic vinaigrette w/ pita. 9

**PITA PIZZA** - choose 2 toppings: feta, tomato, onion, parsley, red peppers, olives, portabella mushrooms, spinach. 7

**MAJADRA** - traditional basmati rice, lentils & spinach w/ israeli salad, tehini & fried onions. 10

**FIRE ROASTED EGGPLANT** - whole eggplant in tehini sauce w/ tomato, onion & garlic sauce. 11

**FRIES** - w/ fried onions & zatar. 3/5

**SAMOSAS** - 2 Indian pastries stuffed w/ potatoes and peas topped w/ pomegranate & Sambar, over greens. 8

## SPECIALS OF THE DAY

hot creations

## SOUPS OF THE DAY

## KIDS MENU

**HOME MADE KIDS PIZZA** - 5.50

**KIDS FRENCH TOAST** - 4.50

**ALMOST ANY 1/2 PLATE FROM MENU** - 1/2 price plus \$1

A 2% charge will apply on credit card payments

This menu like everything else in life is subject to change at any given moment

## DESSERTS

**HALVA** - traditional sesame treat w/ pistachio. 2.50

**HOMEMADE ICE CREAM** - per scoop. 1.75

**BAKLAWA** - filo dough layered with mixed nuts rose water, orange blossom water & honey. 3.50

**LEMON SQUARES** - traditional lemon custard over a crunchy crust. 3.50

**KNAFE** - shredded filo filled w/ cheese, rose water & orange blossom water - served hot. 3.50

**RAHAT LOKUM** - turkish delight. 3

**DEATH BY CHOCOLATE** - 5

**BANANA CAKE** - white chocolate & walnuts 4

## HOT DRINKS

**COFFEE** 1.25/1.95

**TURKISH COFFEE** 2.50

**TEA** 1.75

**ESPRESSO** 1.50/2.25

**CAPPUCCINO** 3/4

**CHAI** 3.50/4.50

**CHOCOLATE** 2.75/3.75

**MOCHA** 3.5/4.5

## COLD DRINKS

**LIMONANA** - fresh lemonade w/ mint 2.50

**BLUE SKY SODAS** - 1.25

**SAN PELLEGRINO** - 2.75

**BOTTLED WATER** - 1.25

**ICE-T** - 1.50

**ICE COFFEE** - 1.50

**ICE CHAI** - 3.50

**ORANGE JUICE** - 3.50

**KAMBUCHA** - local fermented drink. 3.75

**COWBOY UP** - local energy drink. 4.25

**MANGO, GUAVA OR LYCHEE NECTAR** - 3.25

**AWAKEN** - Wheatgrass and aloe juice 3.75

**YOUNG COCONUT WATER** - 4

## EXTRAS

\* **FALAFEL, TEHINI, HOT SAUCE** - 0.75

\* **PICKLES, OLIVES, EGG, DOLMA.** - 1

\* **FRIED EGGPLANT, FETA, RRP** - 1.5

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